



AYSO Coaching Program Matrix – December 2003

Course	Course Description	Length	Prerequisites	Lead Instructor Requirements	Authorization Required
Annual Coach Update	This training provides continuing education for coaches in the region, program updates, and program requirements are reviewed in this training session.	1 hour	None	Basic Coach Instructor	Regional Commissioner or Regional Coach Administrator
Safe Haven Coach	This certification course presents information on child & volunteer protection for the AYSO coach. <i>This course is the certification course for AYSO coaches. Attendance of this course also satisfies AYSO Safe Haven Referee requirements.</i>	2.5 - 3 hours	None	Basic Coach Instructor	Regional Commissioner or Regional Coach Administrator
U-6 Coach	This training course presents information and skills to be taught relevant to the short-sided game of the U-6 age group.	2 hours	None	Basic Coach Instructor	Regional Commissioner or Regional Coach Administrator
U-8 Coach	This training course presents information and skills to be taught relevant to the short-sided game of the U-8 age group.	2 hours	Completion of U-6 Coaching Course is recommended	Basic Coach Instructor	Regional Commissioner or Regional Coach Administrator
U-10 Coach	This training course presents information and skills to be taught relevant to the short-sided game of the U-10 age group.	3 hours	Completion of U-8 Coaching Course is recommended	Basic Coach Instructor	Regional Commissioner or Regional Coach Administrator
Youth (U-12) Coach	This training course presents information and skills to be taught relevant to the U-12 age group. Beginning course for the full-sided game.	5 hours	Completion of U-10 Coaching Course is recommended	Intermediate Coach Instructor	Regional Coach Administrator
Intermediate Coach	This training course focuses on tactical situations and set plays. This course builds upon the Youth (U-12) Coaching Course.	15 hours	Completion of the Youth (U-12) Coaching Course is required	Advanced Coach Instructor	Area Coach Administrator
Advanced Coach	This training course focuses on tactical situations, advanced tactics, and observation, evaluation, and implementation techniques. This course builds upon the Intermediate Coaching Course.	18 hours	Completion of the Intermediate Coaching Course is required	National Coach Instructor or Advanced Coach Instructor approved by the Section Coach Administrator.	Section Coach Administrator
National Coach	This training course provides training in advanced levels of play.	56 hours	Completion of the Advanced Coaching Course is required. Must be recommended by Regional Commissioner.	Authorized by AYSO National Coach	AYSO National Coach



AYSO Instructor Program Overview

AYSO Coaching Program Matrix – December 2003

Course	Course Description	Length	Prerequisites	Lead Instructor Requirements	Authorization Required
Coach Administrator Training	This training presents the duties and responsibilities of coach administrators with tips to enhance performance and enjoyment.	1 - 1.25 hours	None	Intermediate Coach Instructor	Area Coach Administrator
Basic Coach Instructor	This training is designed to teach basic instructor candidates how to conduct introductory coach training courses at the U-6, U-8 & U-10 levels.	6 hours	U-12 Coaching Course or Higher. and Coach Safe Haven Certification	Advanced Coach Instructor Trainer	Area or Section Coach Administrator
Intermediate Coach Instructor	This training is designed to teach intermediate Instructor candidates to teach the U-12 Coach Course using AYSO directed teaching plans, and to meet the educational requirements for becoming a Intermediate Coach Instructor.	5.5 hours	Basic Coach Instructor, Intermediate Coaching Course or higher, and Instructed in at least two AYSO coaching courses	Advanced Coach Instructor Trainer	Section Coach Administrator
Advanced Coach Instructor	This training is designed to prepare advanced instructor candidates to teach the Intermediate Coach Course. Instructors learn advanced presentation skills and techniques to address the needs of learners in groups of all sizes and in longer class sessions.	19 hours	Intermediate Coach Instructor, Advanced Coaching Course, and Instructed in at least three AYSO coaching courses following completion of Intermediate Coach Instructor Certification	National Coach Instructor Trainer	Section Coach Administrator or National Coach
National Coach Instructor	This training is accomplished through successful completion of the AYSO National Coaching Course.	56 hours	Advanced Coach and Advanced Coach Instructor	AYSO National Coach	AYSO National Coach

Note 1: All first year coaches who are coaching U-12 to U-19 teams must start their training at the Youth (U-12) Coaching Course level.

Note 2: This matrix may be updated periodically. To view the latest revisions go to the AYSO Web site:
<http://www.soccer.org>